



— BY DENNY'S® —

ALLERGEN GUIDE

The DEN realizes that an ever-increasing number of our guests need to know if certain food ingredients are in our foods to avoid severe, life-threatening allergic reactions. We are providing this information to all of our guests that request it so that they may make informed choices prior to ordering.

Please note: This list is based on information and specifications provided by product vendors, and may not be all inclusive. Please be aware that vendors and product formulations may change. Some locations may use different vendors or local vendors. This list is updated periodically.

■ Contains this allergen

* May contain this allergen or is processed in a facility or on equipment with this allergen.

The following codes may be used to designate the type of allergen in food item, in lieu of the ■.

ALLERGENS

	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Breads:										
Brioche Bun, Split-Top					■			■	■	*
French Toast (Bread + Batter)	■			■	■			■	■	*
7-Grain					■			■	■	*
Burger, Dr. Praeger's® Veggie Patty†										
Cheese:					■					
American				■	■					
Pepper Jack				■						
Swiss				■						
Cheese Sticks, Mozzarella				■	■			■	■	
Cookies:										
Chocolate Chip	■			■	■	*	*	■	■	
S'mores	■			■	■	*	*	■	■	
Dressings:										
Balsamic Vinaigrette, LF					■					
Ranch, Regular	■			■	■					
Egg:										
Whole/Liquid	■				■			*	*	
Whites	■				■			*	*	
Fryer Oil										
					■					

ALLERGENS

(cont'd)

	Egg	Fish	Shellfish	Milk/Dairy	Soybeans	Peanuts	Tree Nuts	Wheat	Gluten	Sesame
Ice Cream:										
Chocolate	*			■	*	*	*	*	*	
Vanilla	*			■	*	*	*	*	*	
Margarine/Liquid					■					
Meat, Fish and Poultry:										
Bacon Strips	*				*			*	*	*
Bacon, Turkey	*				*			*	*	*
Burger, Beef Patty	*				■			*	*	*
Chicken Breast, Grilled	*				■			*	*	*
Chicken Tenders, Breaded				*	■			■	■	
Ham	*				*			*	*	*
Sausage Links (breakfast)	*				■			*	*	*
Sausage Patty	*				*			*	*	*
Turkey					■					
Milk, 2%				■						
Onion Rings				■	■			■	■	
OREO® Pieces					■			■	■	
Pancakes	■			■	■			■	■	*
Pancakes, Hearty 9-Grain	■			■	■			■	■	*
Potatoes:										
French Fries				*	■			*	*	
Sweet Potato Fries				*	■			*	*	
Potato Rounds				*	■			*	*	
Sauces:										
BBQ					■					
BBQ, Creamy	■				■					
Buffalo				■	■					
Chipotle Sauce	■				■					
5-Pepper										
Honey Mustard	■				■					
Mayo	■				■					
Salted Caramel Sauce				■						
Salsa										
Red Sauce				■	■			■	■	
Seasonings:										
Burger & Fry Seasoning					■					
Sweet Grilling Spread					■					
Toppings:										
Chocolate Chips				■	■					
Onion Tangles®				■	■			■	■	
Pancake Syrup										
Pickle Chips										
Pico de Gallo										
Sour Cream				■						
Strawberries, Topping										
Syrup, Chocolate										
Tortilla Threads, Fried				*	■			■	■	
Whipped Cream				■						
Tortilla, 12"					■			■	■	*
Tortilla Threads, Fried				*	■			■	■	

For further nutritional information please go to

TheDenByDennys.com

or call our Nutrition Consultant at 800-733-6697.

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¹Due to our cooking procedures, the Dr. Praeger's® veggie patty may come in contact with animal-based products or ingredients and might not be 100% plant-based. Brand names identified within this menu may vary per restaurant.